

HOPE

for

Healing

a mental health conference



SATURDAY

June 20, 2026 | 9 am - 1:30 pm



HOPE PRESBYTERIAN CHURCH

5220 S 159th Ave, Omaha



FOR MORE INFORMATION

hpcomaha.org/resources

Featuring



Keynote | Kyler Erickson

His PTSD recovery story following a shooting at Millard South.

Plus

**What Happens When You Ask for Help?
A panel discussion**

**Coffee Bar
Joe on
the Go**



**Free Lunch
Olive
Garden**

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9:00 am | Kyler Erickson, Keynote Speaker

Kyler Erickson will speak about how he developed PTSD and depression after witnessing a deadly shooting at Millard South High School, and how he finally reached out for help.

10:30 am - "What happens when I ask for help?"

A panel of local experts answers your questions.

What does a therapist do? What should I expect if I call 911? What happens in a support group meeting? When should I take my loved one to the emergency room? Come ask your questions of these local experts:

- **Abbey Jones, LIMHP**, Founder & Clinician, Pieces of Me therapy
- **Lisa Richardson, LIMHP**, Emergency Department therapist at Immanuel
- **Sgt. Mandy Peth**, Douglas County Sheriff's Office
- **Kirk McCormick**, Support Group Leader for DBSA and NAMI groups
- **Kjerstin Egger**, Associate Director of Wellness and Community Engagement, Wellbeing Initiative

All Morning Long: Community Organizations

Get information from Omaha providers:

- Methodist Community Counseling
- Lutheran Family Services
- Project Harmony
- Behavioral Health Connectors
- Pieces of Me therapy
- Depression and Bipolar Support Assn.
- Valley Hope of Omaha
- 988 Suicide & Crisis Lifeline
- The Kim Foundation
- Wellbeing Initiative
- CenterPointe
- Al Anon
- Children's Outreach and Provider Education (COPE)
- And more

