

**Hope Presbyterian Church
Sermon-Based Bible Study Group**



April 28, 2024

“Resiliency” - #4 in the series God on Film

Texts (NLT): 2 Corinthians 4:7-9, 16-17, Philippians 4:13

1. What stood out to you about the message?

2. Think about what happens when you squeeze a stress ball.
 - How does squeezing a stress ball sometimes help deal with a stressful situation?
 - What do stress balls teach us about resiliency?

3. In the animated film *The Super Mario Bros. Movie* (2023), Mario faces double-barreled trouble: His brother Luigi is imprisoned, and he is violently attacked by his archenemy, Donkey Kong.
 - Have you ever been in a difficult situation you felt like you might not survive?
 - What did you learn about your capacity for resiliency in that experience?

4. **Read 2 Corinthians 4: 7-9.**

Paul indicates he knows firsthand what resilience means.

 - How do you respond to the idea that we are “fragile” vessels in which our relationship with Christ resides?
 - Which of the traumatic situations Paul describes resonates most with you?

5. **Read 2 Corinthians 4:16-17.**
 - In what ways have you experienced your spirit being renewed amid trying situations?
 - When have you felt that enduring trouble was worth it in the long run?

6. **Read Philippians 4:13.**
 - What does it mean to “do everything through Christ”?
 - In what ways have you experienced God giving you strength in trying situations?

7. How can we pray for you?